I Care Chronicles – Death and Rebirth - September, 2020

*Pam’s Note: As we move through the critical times of our societies’ breaking apart, it feels like we are also, in our own individual ways, breaking apart as well. Physical, emotional and spiritual issues can appear in all or some of the following ways: tiredness, sadness, depression, bursts of anger, severe judgment of another or self, illnesses, body pains, issues associated with one or more areas of the chakras; example Eyes & Heart, which can be associated with “What I don’t want to see that is causing pain in my life.”*

Those of you who are empathic or sensitive to energy may be experiencing major changes in your life or major ups and downs. The shifts are happening extremely fast and fluid (fire and water). You are seeing it out in the weather, the environment, the framework of society, and the old versus the new policies. You may even be questioning your own spiritual path.

The energies of light are working ALL the time to raise the higher energies of love. The word love seems to have triggers within each of you at this time. How you have loved, how others have loved you, how you see love’s effects on society, etc. Please know that no matter how you are contributing to the collective love consciousness, it is important. It may be as small as stopping to allow another vehicle into your lane or writing a card to a sick friend. Volunteering is important at this time. Whatever you see yourself doing; helping or are drawn to help, it will be important and well received.

When using the words Death and Rebirth, we are referring to everyone’s at this time. Death can be the beginning to an end. It may be the ending of one career to allow another one to come into your life that will be more meaningful to you. It may be the ending of someone’s struggle with an illness and their releasement from pain and suffering. It may be opening your heart for the first time in years to allow for the possibility of a partner and a loving connection. It is closing the gates to an experience, no matter whether it was a positive one or not to bring about a higher outcome for you. When you gleam from an experience an awareness that will benefit you in your forward movement, you have left behind the old, released yourself from the blame or shame or belief that it was done wrong (forgiveness) and allowed yourself to find new hope in your future. A death and rebirth.

We continue to encourage you to allow all aspects of love into your heart. See how others are suffering and know that whatever they are going through will color their opinions/beliefs/experiences. You may not be able to stay in their energy for long, especially if you are moving out of your suffering, but remember you can send them love. It is not your responsibility to know what to do for them but it is your responsibility to awaken within you the higher realms of light, especially when presented to you by synchronicities (coincidences you call them). We encourage you to join our crusade for light and love. Open your heart to your best good. Do not be afraid, you are never alone.

We Care!